

HOUSE BOWLS

CALIFORNIA SALMON Salmon, yuzu dressing, edamame, cucumber salad, corn salsa, pickled ginger, smashed avocado, chilli & sesame seeds	£11.45
CLASSIC AHI TUNA MAKE IT SPICY! Ahi tuna, shoyu dressing, pineapple, wakame seaweed, edamame, spring onion & sesame seeds	£10.95
YUZU SALMON Salmon, yuzu dressing, mango, edamame, cucumber salad, spring onion & sesame seeds	£9.95
KING PRAWN & AVOCADO Sweet chilli king prawns, yuzu dressing, marie rose dressing, radish salad, mango, cucumber salad, smashed avocado, panko & seaweed crumbs	£11.45
CITRUS CRAB Crab salad, yuzu dressing, citrus dressing, cucumber salad, edamame, radish salad, smashed avocado, panko & seaweed crumbs	£10.95
SPICY CHICKEN Hoisin chicken, korean BBQ sauce, cucumber salad, kimchi, corn salsa, boiled egg, spring onion & sesame seeds	£8.95

THE RECOVERY BOWL£10.95

LIMITED EDITION ISLAND  POKE X ARC

Salmon, edamame hummus, turmeric dressing, kimchi, carrot, radish salad & a furikake, sesame, wasabi mix

TERIYAKI TOFU VEGAN Smoked tofu, shiitake teriyaki sauce, pineapple, wakame seaweed, red cabbage, spring onion & sesame seeds	£8.45
MISO AUBERGINE VEGAN Miso aubergine, mango, edamame, red cabbage, pickled ginger, spring onion & soy roasted pumpkin seeds	£6.95

BUILD YOUR OWN 1 base, 1 protein, up to 5 toppings & 2 finishings of your choice					
Miso Aubergine VEGAN	£7.95	Yuzu Salmon	£11.95	Crab Salad	£11.95
Smoked Teriyaki Tofu VEGAN	£9.45	Sweet Chilli	£11.95	Ahi Tuna	£11.95
Hoisin Chicken	£9.95	King Prawns			

SIDES

TOMATILLO SALSA Avocado topped with tomatillo salsa, served with tortilla chips	£3.95
MISO SOUP VEGAN Smoked tofu, spring onion, coriander & chilli in a miso broth	£1.95
EDAMAME HUMMUS Edamame Hummus, served with tortilla chips	£3.25

HOT BROTHS

All served with carrots, daikon, chinese cabbage, pak choi, edamame, spring onion, coriander & chilli

TOFU MISO BROTH VEGAN Baked tofu & handmade noodles in a miso broth	£8.95	KING PRAWN MISO BROTH Sweet chilli king prawns & handmade noodles in a miso broth	£9.95
CHICKEN MISO BROTH Pulled chicken & handmade noodles in a miso broth	£8.95	MISO SOUP VEGAN Smoked tofu, spring onion, coriander & chilli in a miso broth	£1.95